

PlayBoard Outdoor Play Training



PlayBoard's play training is designed to encourage the recognition that children and young people's development will be enhanced if given access to the broadest range of environments and play opportunities.

This course will provide participants with an opportunity to look at outdoor play in an active way with a view to increasing the use of outdoor play in their setting.

This training is aimed at those working with children and young people who wish to explore and increase the amount and range of outdoor play they offer to children and young people. This training offers practical ideas for things to make and do in the outdoors.

Aim: To support those working with children in providing quality outdoor play.

Objectives:

- To explore the importance of outdoor play.
- Explore barriers to outdoor play.
- Review the environment with a view to promoting outdoor play.
- Explore ways to increase the opportunity for outdoor play.
- Consider relevant legislation and quality guidance in relation to outdoor play.
- Carry out a risk assessment for outdoor play
- Explore new ideas for outdoor play.

This **three hour** training session is a stand alone session. It is one of a number of sessions designed to support those wishing to increase outdoor play with children and young people. More information can be found on the PlayBoard website.

Please note - this is a practical session. Participants will be expected to take part in outdoor activities regardless of the weather conditions, therefore outdoor clothing is essential.

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Driving the Play Agenda