

Dress-up

Playing dress-up with costumes or old clothes you have at home offers children a chance to use their imagination and creativity and transform into anything from a superhero to a monster to a mummy!

Role-playing being a doctor or a vet or putting on a talent show, all boost their confidence, vocabulary, emotional development, motor and social skills, helps make sense of the world around them and much more.

Role play - gives children the opportunity to explore different ways of being, e.g. being a parent or a significant other such as a doctor or a vet etc.

This activity can also incorporate other play types including dramatic, socio-dramatic, social, communication, fantasy and imaginative play!

