

Witches' Soup

When I was younger most of my days were filled with outdoor play. My siblings and I were lucky to spend a lot of time at our Granny's farm. We climbed trees and fed animals, but our favourite activity was making Witches' Soup.

You will need:

- A large bucket or flower pot
- Leaves and flowers
- Twigs and pine cones
- Mud
- Stones
- Water
- A large stick

Method:

1. Collect all ingredients and place them in the bucket
2. Stir using a large stick
3. Add water and mix until it's the 'right' consistency
4. The soup can be divided out between flower pots or served from the bucket

Remember:

This magical soup is just for fun and not for eating!

Wash hands thoroughly after playing with mud. It's a good idea to have old clothes, shoes and towels set aside for muddy play.



Bernadette