

INTERNATIONAL DAY OF PLAY



CHOOSE PLAY - EVERY DAY!

The United Nations International Day of Play takes place on 11 June - a day to celebrate the power of play in supporting children's health and well-being.

Play has a critical role in schools - supporting curriculum delivery, enhancing learning, and helping children reach their full potential. Play is every child's right, and is essential for building happy, healthy children.

We are encouraging schools to allow more time for play on 11 June.

- **Allow extra time for free play** - extend break or lunch times, or set aside a dedicated part of the day for play.
- **Let the children decide** - ask the children how they would like to spend their (screen-free) day of play and take a class vote.
- **Take lessons outdoors** - get out into nature and incorporate more playful activities into lesson plans.
- **Collect loose parts** (free and found items from home/garden) such as cardboard boxes, plastic containers, fabric, leaves, pebbles etc. and give children the opportunity to get creative and use their imagination.
- Check out our new **Summer Street Play** resource for fun, low-cost traditional activities - www.playboard.org/resources/summer-street-play



Have a fun, more playful day!